

FLU FACTS AT 50+

KNOWING COULD HELP SAVE YOUR LIFE

In two studies, the flu and cardiovascular disease were shown to make adults:

~6-10X MORE LIKELY TO SUFFER A HEART ATTACK within the first 3-7 days after getting the flu^{a,b}

~8X MORE LIKELY TO SUFFER A FIRST STROKE in the first 3 days after getting the flu^c

The flu and diabetes may be associated with:

3X THE RISK OF HOSPITALIZATION

4X THE RISK OF ICU^d ADMISSION

2X THE RISK OF DEATH

Studies have shown the flu to be linked to major causes of hospitalization in adults 65+ including:



**PNEUMONIA
& COPD^e**



**HEART
DISEASE**



STROKE

^a ~6X based on a study of 364 people.

^b ~10X based on a study of 1989 people.

^c ~8X based on a study of 1989 people.

^d ICU = Intensive care unit.

^e COPD = Chronic obstructive pulmonary disease.

**IT IS CRITICAL TO UNDERSTAND
THE IMPACT OF THE FLU AT YOUR AGE**



FLU FACTS AT 50+

KNOW THE POSITIVE IMPACT OF FLU VACCINATION

The flu vaccine is proven to be safe and effective.



There is a
0% CHANCE OF GETTING THE FLU FROM THE VACCINE

Each vaccine is made from killed flu viruses, live viruses that are changed so they cannot give you the flu, or no viruses at all



The CDC estimates
**MORE THAN 2.5 MILLION ADULTS 50+ WERE
PROTECTED FROM THE FLU** by the flu vaccine

The flu vaccine can help reduce the severity of the flu.

It is estimated that during the 2017-2018 flu season,
**VACCINATION HELPED PREVENT MORE THAN 7,600
FLU-RELATED DEATHS IN ADULTS 50+**

It is estimated that the
**FLU VACCINATION HELPED PREVENT MORE THAN
84,000 HOSPITALIZATIONS IN ADULTS 50+**



NOW IS THE TIME TO GET THE
VACCINATION THAT'S RIGHT FOR YOU

